

Category	Service Name	Description	Website/Contact	Additional Details
Legal Aid Services	Legal Aid Australia	Offers free legal advice and low-cost representation for family law cases.	<a href="https://www.legalaid.gov.au">https://www.legalaid.gov.au</a>	Offers both in-person and online consultations to assess legal needs and provide tailored guidance for family law cases.
Family Mediation	Family Relationships Australia	Assists in resolving disputes over parenting and financial matters.	<a href="https://www.familyrelationships.gov.au">https://www.familyrelationships.gov.au</a>	Specializes in resolving disputes over parenting arrangements, focusing on child-centric solutions and financial agreements.
Parenting Plans Assistance	Family Dispute Resolution	Provides support to create parenting agreements outside of court.	<a href="https://www.familyrelationships.gov.au">https://www.familyrelationships.gov.au</a>	Helps families create legally binding parenting plans, ensuring compliance with court standards if required.
Financial Counseling	National Debt Helpline	Offers free financial advice to manage debt during separation.	<a href="https://ndh.org.au">https://ndh.org.au</a>	Free counseling services available nationwide for budgeting, debt consolidation, and financial literacy during separation.
Housing Support	Anglicare Australia	Helps individuals find temporary and affordable housing during transitions.	<a href="https://www.anglicare.asn.au">https://www.anglicare.asn.au</a>	Provides access to emergency accommodation and rental assistance for individuals and families in financial distress.
Child Support	Services Australia	Manages child support assessments, payments, and disputes.	<a href="https://www.servicesaustralia.gov.au">https://www.servicesaustralia.gov.au</a>	Facilitates both online and in-person assistance for child support calculations and disputes, including enforcement.
Emotional Support	Beyond Blue	Provides 24/7 emotional and mental health support during challenging times.	<a href="https://www.beyondblue.org.au">https://www.beyondblue.org.au</a>	24/7 hotline and online chat services for immediate emotional support and mental health resources.
Domestic Violence Support	1800RESPECT	Offers counseling, safety planning, and financial aid for those at risk.	<a href="https://www.1800respect.org.au">https://www.1800respect.org.au</a>	Provides confidential counseling for victims of domestic violence and supports them in obtaining protective orders.
Divorce Coaching	Divorce Answered	Provides one-on-one coaching to navigate the legal and emotional process.	<a href="https://www.divorceanswered.com.au">https://www.divorceanswered.com.au</a>	Offers strategy sessions to guide individuals through property settlements, custody, and other legal challenges.
Support Groups	Lifeline	Connects individuals to local support groups for separation-related stress.	<a href="https://www.lifeline.org.au">https://www.lifeline.org.au</a>	Connects individuals to community-based groups and workshops to reduce stress and foster resilience during separation.
Relationship Counseling	Lifeworks Australia	Provides therapy and workshops for couples considering separation.	<a href="https://www.lifeworks.com.au">https://www.lifeworks.com.au</a>	Focuses on relationship and communication strategies to help couples explore options before finalizing separation.
Specialist Legal Services	Community Legal Centres (CLCs)	Offers free legal support for family law issues across Australia.	<a href="https://www.clcs.org.au">https://www.clcs.org.au</a>	Nationwide network offering pro bono legal representation and workshops on navigating family law processes.
Grief Support	GriefLine	Support for emotional loss associated with divorce or separation.	<a href="https://www.griefline.org.au">https://www.griefline.org.au</a>	GriefLine also provides webinars and workshops for coping with the emotional aftermath of divorce or separation.
Specialist Mediation	Interrelate	Offers specialized mediation for culturally and linguistically diverse communities.	<a href="https://www.interrelate.org.au">https://www.interrelate.org.au</a>	Tailors mediation services to culturally diverse families, ensuring inclusivity and sensitivity to cultural norms.
Workplace Support	Employee Assistance Programs (EAP)	Provides counseling for employees navigating separation while managing work.	Check with employers directly	Supports employees with legal referrals and emotional support services, often at no cost through employers.
Separation for LGBTQIA+	Equality Australia	Offers tailored advice for LGBTQIA+ individuals on family and legal matters.	<a href="https://www.equalityaustralia.org.au">https://www.equalityaustralia.org.au</a>	Helps LGBTQIA+ individuals with family law issues, including adoption, custody, and property settlements.
Financial Planning	CPA Australia Financial Planners	Helps individuals create budgets and manage finances during separation.	<a href="https://www.cpaaustralia.com.au">https://www.cpaaustralia.com.au</a>	Certified financial planners offer one-on-one sessions to create personalized financial recovery plans.
Elder Abuse Services	Seniors Rights Service	Provides advocacy and advice for seniors experiencing abuse in relationships.	<a href="https://seniorsrights.org.au">https://seniorsrights.org.au</a>	Seniors Rights Service offers free legal advice and advocacy for seniors dealing with property or relationship disputes.
Family Violence Services	No to Violence	Specialized support for individuals and families experiencing domestic violence.	<a href="https://www.ntv.org.au">https://www.ntv.org.au</a>	Provides counseling and educational programs to address family violence and prevent future occurrences.
Children's Advocacy	CREATE Foundation	Advocates for children's rights during family disputes and custody issues.	<a href="https://www.create.org.au">https://www.create.org.au</a>	CREATE Foundation includes educational programs and advocacy campaigns for children impacted by family separation.
Property Advice	REIWA Divorce Specialists	Guidance on selling, dividing, or transferring property after separation.	<a href="https://www.reiwa.com.au">https://www.reiwa.com.au</a>	REIWA offers specialized services, including valuation and advice on selling family properties post-divorce.
Access to Justice	Justice Connect	Pro bono legal help for those unable to afford representation.	<a href="https://www.justiceconnect.org.au">https://www.justiceconnect.org.au</a>	Justice Connect provides free online tools for self-representation alongside traditional legal support.
Health Insurance Updates	Private Health Insurance Ombudsman	Assistance with splitting or changing policies after separation.	<a href="https://www.privatehealth.gov.au">https://www.privatehealth.gov.au</a>	Assists in navigating complex health insurance policies and facilitates policy changes with minimal disruption.
Support for Young Adults	Headspace	Mental health support for young adults dealing with family transitions.	<a href="https://www.headspace.org.au">https://www.headspace.org.au</a>	Focuses on mental health support for individuals aged 12-25, offering counseling and workshops nationwide.
Online Forums	Divorce Talk Australia	A peer-support community for sharing experiences and advice.	<a href="https://www.divorcetalkaustralia.com.au">https://www.divorcetalkaustralia.com.au</a>	Engages users with moderated forums to exchange advice, personal stories, and emotional support online.
Immigrant Support	Migrant Resource Centres	Provides legal and emotional support tailored to migrants navigating separation.	<a href="https://immi.homeaffairs.gov.au">https://immi.homeaffairs.gov.au</a>	Migrant Resource Centres include translation services and legal representation for non-English speaking clients.
Crisis Helpline	Australian Red Cross	Emergency financial aid, counseling, and social support for families in crisis.	<a href="https://www.redcross.org.au">https://www.redcross.org.au</a>	Australian Red Cross also provides food vouchers and transport assistance for families in urgent need.
Court Documentation Help	My Family Law	Helps prepare and lodge court documents, including affidavits and applications.	<a href="https://www.myfamilylaw.com.au">https://www.myfamilylaw.com.au</a>	Helps streamline the process of filing court documents through step-by-step guides and expert reviews.
Spousal Maintenance Advice	Spousal Maintenance Australia	Expert guidance on spousal support entitlements and obligations.	<a href="https://www.spousalmaintenance.com.au">https://www.spousalmaintenance.com.au</a>	Advises on calculating, requesting, or contesting spousal maintenance in compliance with Australian law.
Emergency Assistance	Salvation Army Emergency Relief	Provides financial assistance for essential expenses during difficult times.	<a href="https://www.salvationarmy.org.au">https://www.salvationarmy.org.au</a>	Offers immediate support for essential expenses, including groceries, utilities, and medications.
Rental Assistance	Rent Choice	Supports individuals to secure private rental housing after separation.	<a href="https://www.dcj.nsw.gov.au">https://www.dcj.nsw.gov.au</a>	Works with state housing programs to prioritize individuals in urgent need of secure housing.
Employment Support	JobActive	Helps separated individuals re-enter the workforce through training and job placement.	<a href="https://www.jobsearch.gov.au">https://www.jobsearch.gov.au</a>	Provides free workshops and job placement support tailored to skills and experience.
Superannuation Guidance	Australian Tax Office (ATO)	Provides information on dividing superannuation during separation.	<a href="https://www.ato.gov.au">https://www.ato.gov.au</a>	Guides individuals on splitting superannuation contributions during divorce proceedings.
Tax Advice	H&R Block Australia	Offers free and paid tax guidance for individuals and businesses.	<a href="https://www.hrblock.com.au">https://www.hrblock.com.au</a>	Assists with preparing tax returns and claiming deductions related to divorce costs.
Debt Consolidation Services	MoneySmart	Guides on consolidating debt to improve financial stability.	<a href="https://moneysmart.gov.au">https://moneysmart.gov.au</a>	Focuses on restructuring debt into manageable payments for long-term financial stability.
Youth Support	Headspace	Mental health support for young adults dealing with family separation.	<a href="https://www.headspace.org.au">https://www.headspace.org.au</a>	Headspace offers art therapy and group sessions for young adults coping with family stress.
Mediation for Cultural Groups	Interrelate Cultural Mediation	Mediation services tailored to culturally and linguistically diverse communities.	<a href="https://www.interrelate.org.au">https://www.interrelate.org.au</a>	Interrelate collaborates with community leaders to bridge cultural gaps in mediation processes.
Community Support Groups	Support Network Australia	Support groups for sharing experiences and building resilience.	<a href="https://www.supportnetworkaustralia.org.au">https://www.supportnetworkaustralia.org.au</a>	Support Network Australia connects individuals to vetted community services based on location and needs.
Mental Health Services	Mental Health Australia	National resources for improving mental health during separation.	<a href="https://www.mhaustralia.org.au">https://www.mhaustralia.org.au</a>	Mental Health Australia offers subsidized counseling for those financially affected by separation.
Parenting Workshops	Parentline	Workshops and advice for parents navigating co-parenting post-separation.	<a href="https://www.parentline.com.au">https://www.parentline.com.au</a>	Parentline also provides online courses for co-parenting and managing family dynamics post-divorce.
Specialized Family Mediation	Specialist Mediation Services	Specialized mediation services for family law and cultural challenges.	<a href="https://www.specialistmediationservices.org.au">https://www.specialistmediationservices.org.au</a>	Specialist Mediation Services is known for handling high-conflict family cases with a focus on resolution.